

#SUPERVISION: RADIANT REFLECTION GROUP SESSION

- WENDELL COOPER, CATHY PRINS,
AMY SKEZAS, TOPSOIL, & DIANE WIAN



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Learning Together Online

Resource Guide

About Wendell Cooper

Wendell Cooper is lecturer of multimedia performance, dance, and yoga at Lehman College, part of the City University of New York. He has taught and performed both nationally and internationally.

Wendell is a yoga instructor, Thai Massage and energy-bodywork practitioner, with a BA in Dance and MFA in Integrated Media Arts.

www.mxoops.com



Wendell Cooper



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About Cathy Prins

Cathy Prins has been a practicing muscular therapist for over 25 years, with extensive background in deep tissue massage, Reiki energy work, craniosacral therapy, and the study of movement through dance and yoga. She has a keen intuition developed through years of study in various meditation disciplines and spiritual practice.

Cathy combines her intuition with her ability to read the body for clues to assist in the healing process

Website: www.cathyprins.com

Facebook: [Cathy Prins, Change Alchemist](#)



Cathy Prins



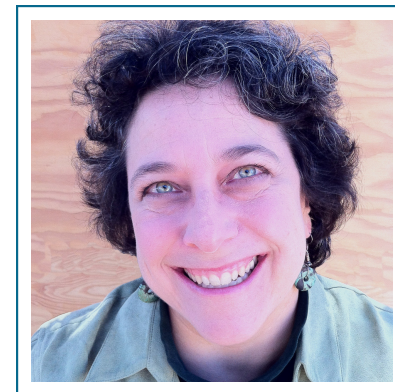
About Amy Skezas

Amy Skezas is a creative writer, energy bodyworker, and teacher from California. A spontaneous near-death yoga experience in her early teens heightened her ability to perceive, direct, and follow life-force energy for creativity and healing.

Amy enjoys reading, cooking, hobnobbing with plants and animals, and experiencing flow.

Website: www.roselight.com

Facebook: [RoseLight—Amy & Athabascar](#)



Amy Skezas



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About Topsoil

Topsoil practices healing body work as well as spiritually aware reflective practice in San Francisco and beyond.

He is drawn to that which integrates, organizes, and simplifies and that which honors and enhances the authentic in people and in life.

Website: www.evolutionaryembodiment.com



Topsoil



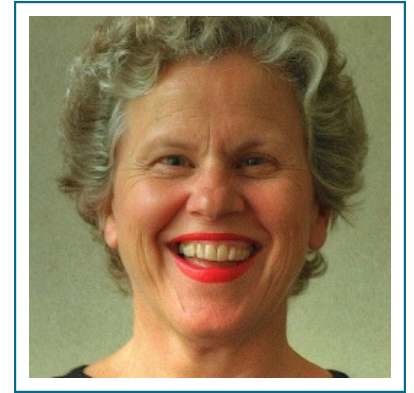
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About Diane Wian

Diane Wian connects with all kinds of people and at all levels in an organization— easily and authentically. Diane's natural inclination is to identify the core of a matter, and once identified set up co-creative partnerships to innovative, solve problems, move things forward, smooth out a process, or to just provide good service.

She really enjoys helping connect people to purpose - to a higher, altruistic goal that benefits all.

LinkedIn: www.linkedin.com/in/dianewian



Diane Wian

Event Details

In this event we explore co-creation of more order, harmony, and coherence in our energy fields, setting the space for insights and empowerment that arise during the practice and afterward. Bring your personal energy field into a group energy field and participate at a subtle, causal, and nondual energy levels through resonance, depth, harmony, feedback, and more.

In this event, Radiant Reflection founders Amy Skezas and Topsoil are in a five-person configuration with colleagues Diane Wian, Cathy Prins, and Wendell Cooper. This practice is part of A Transformational Journey in which Presence Brings Flow. We are offering One Turn: Case, Feedback, Closing followed by discussion and Q & A. We'll work with Roles, Space, Perspectives, conversation, silence, breath, subtle energy bodywork, holding space, and more. We hope you'll join us!



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