

ENCOURAGEMENT AND ETHICS – AN ESSENTIAL PARTNERSHIP IN SUPERVISION

- ANTHEA MILLAR



onlineevents
Learning Together Online

Resource Guide

About Anthea Millar

I am a BACP Senior Accredited Psychotherapist and Supervisor with over 30 years experience, and am regularly invited to provide training in supervision and trauma therapy both in the UK and abroad.

Increasing my understanding of the most effective ways to work with trauma through ongoing specialised training has been a long time concern.

I am a founder and co-director of Cambridge Supervision Training, and co-author of '[Practical Supervision: How to become a Supervisor for the Helping Professions](#)'.



Anthea Millar



onlinevents

Event Details

We function best when we feel appreciated, understood, and accepted. We can also all feel shame when we make mistakes. So how can we create a supervisory relationship where learning from mistakes and coping with uncertainty are valued as normal, and actually essential, elements of our ethical practice? Encouragement, with courage at its heart, is the core ingredient here. An encouraging supervisor does not ignore ethical mistakes or uncertainties, but provides an appropriate balance between support, challenge, and authority.

This session will focus on some of the specific skills of encouragement that offer a crucial frame for ethical work.



Download PowerPoint Presentation

Anthea has generously offered to share her PowerPoint Slides
Please use the link below to download the slides which include links and downloads

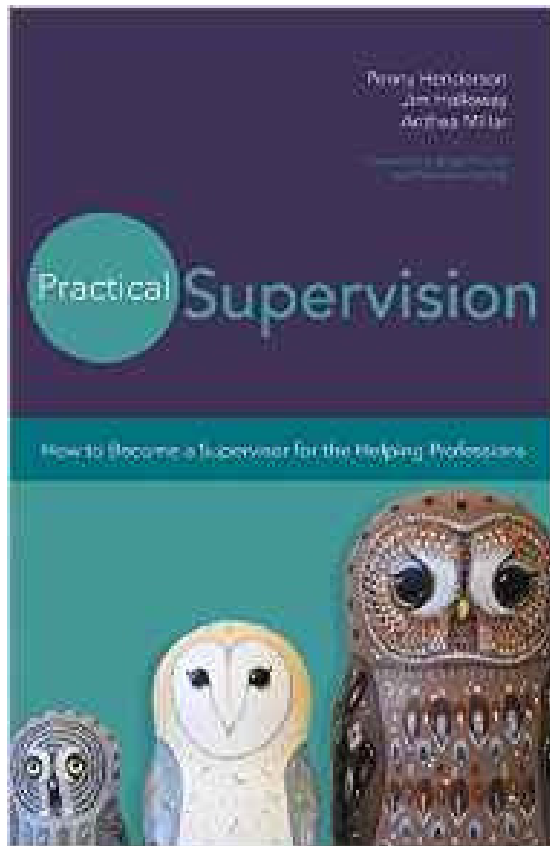
[CLICK HERE TO DOWNLOAD](#)



onlinevents

Reading

Practical Supervision: How to Become a Supervisor for the Helping Professions



As a supervisor, how do you best support growth, learning and improved practice? This book is designed to equip all those in the helping professions who are starting out in supervision with the theoretical, practical and psychological base needed for effective practice. Covering everything you need to know, from how to build a trusting and respectful relationship with your supervisee, to offering effective feedback and shaping a supervision session, this book will help you support and encourage those engaged in emotionally demanding tasks.

Particular attention is devoted to the ethics of supervision and reflective practice, as well as to the challenges of supervising and appraising trainees. Practical suggestions for using creative methods and working with unconscious processes, and short exercises to support learning and development are included throughout.

Concise and jargon-free, this introduction to supervision is ideal for new supervisors in social and health care, early years services, psychology, coaching and therapies of all kinds, as well as students on supervision training courses.

[MORE INFORMATION](#)

Resources

Resources: books, articles and websites

From Cambridge Supervision Training

[CLICK HERE](#)



onlinevents

Contact

www.cambridgesupervisiontraining.com



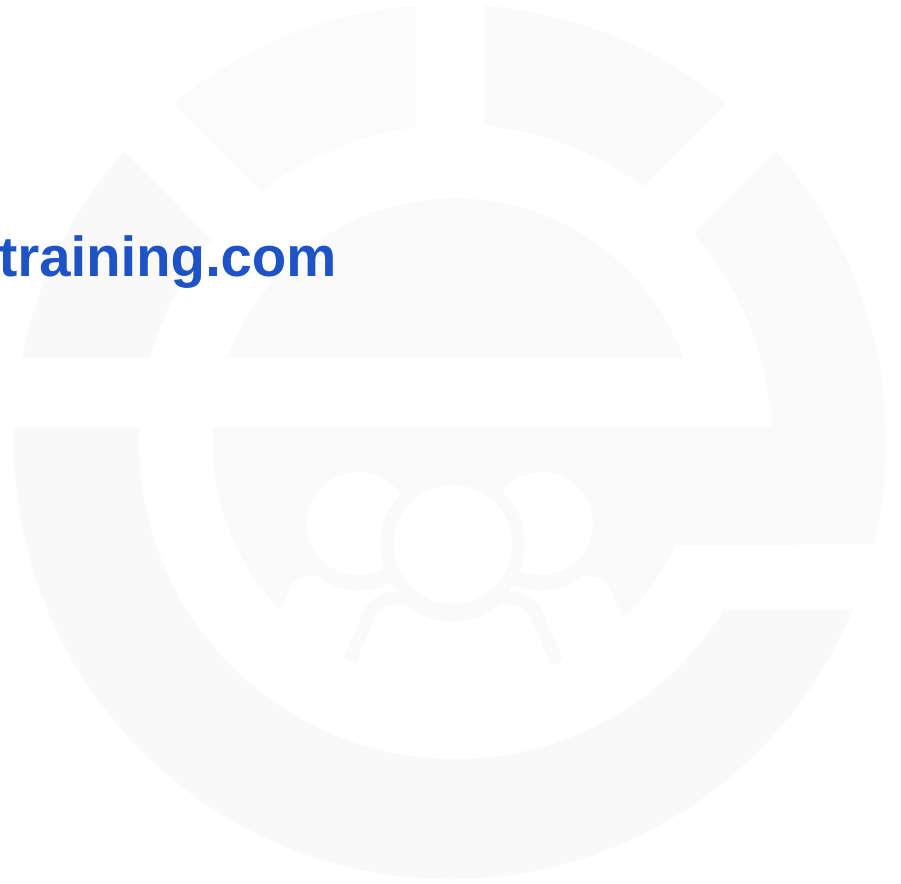
01223 846884

Postal Address

8 Sefton Close

Cambridge

CB2 9HY



onlineevents

Have you recorded your learning?

Don't forgot to log 60min of CPD

[CLICK HERE](#)
to Log in and log
your learning

- 1 What did you learn?
- 2 How do you intend to apply this in your practice?
- 3 Do you have any further action for your next CPD cycle?

REGISTER TODAY
to log your learning online



onlineevents

Watch again



Watch this event again in Onlineevents Online Library

Log In

Register

Onlinevents



John and Sandra (Saz) are a brother and sister team. Onlinevents is an online platform to learn and grow. We have a vision of making learning accessible to everyone without distinction of cost and time

Connect with **Onlineevents**

Click the images below

John



/ Onlineevents



/ Onlineevents

Sandra



/ Onlineevents_saz



/ sandraonlineevents

www.onlineevents.co.uk

Pinterest



Find us on

Facebook

Click [HERE](#) to join our FB group

LinkedIn™

Onlineevents Company page

Instagram