# WORKING WITH SURVIVORS OF TORTURE - WHAT YOU NEED TO KNOW

- ELISE MARSHALL



Resource Guide

#### **About Elise Marshall**

Hello, I'm a person centred counsellor and supervisor Reg.MBACP( Accred). My background includes studying Russian to degree, teaching English as a foreign language in Russia and Hong Kong, working in homelessness, addictions, mental health, bereavement and violence against women in the UK and working with survivors of torture, many of whom are living in exile in the UK. I'm also a qualified massage therapist and yoga teacher.

I currently work at Freedom From Torture Scotland as a Psychological Therapist and Trainer offering therapy mainly to adult individuals. As part of this role I undertake design and delivery of bespoke training for a wide range of organisations who are, or could be, working with survivors of torture in a variety of roles and contexts. In addition I provide supervision and consultation to individuals and groups who are therapists, or working in other roles and are working with survivors of torture in the UK.



## **Event Details**

In this event Elise will begin by describing what she means by torture and then spend time discussing the basics that practitioners need to know when working with clients who have experienced torture.



## Resources

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