

THE FUTURE OF PSYCHOTHERAPY:  
THE PERSPECTIVE OF A TRAUMA THERAPIST

- PETER BOWES



onlineevents  
Learning Together Online

**Resource Guide**

# About Peter Bowes

**Dr. Peter Bowes** is a BACP Senior Registered and Accredited Counsellor, and EMDR UK and Ireland accredited EMDR practitioner. With Edith Cormack, he was responsible for the design and delivery of a Queen Margaret University validated and BACP accredited postgraduate diploma training course run by The Peter Bowes Consultancy. He has been in private practice for over 30 years. He lives now in Cumbria enjoying the rural Eden Valley, becoming a gardener and, with Hazel, looking after five hens.



**Peter Bowes**



# Event Details

In this interview, I will ask the question 'what brings about mental health and well-being' and suggest this is only now beginning to be understood. From my experience and reading, I make the case that neuroscience is going to change the way therapists do therapy. My experience as a trauma therapist has shown me this as it takes place with clients. I will share the books that chart the progress of this conclusion.

## **Resources for Participants**

I have available a paper with notes of this presentation and details of the books that chart the process of this reasoning and thinking



# Resources

[www.peterbowes.net](http://www.peterbowes.net)

Papers

“The Future of Psychotherapy”

UKCP Workshop “The Future of Psychotherapy”




onlinevents

# Contact Peter

[www.peterbowes.net](http://www.peterbowes.net)

 peterjohnbowes@gmail.com

 01768 881222

# Have you recorded your learning?

## Don't forgot to log 60min of CPD

[CLICK HERE](#)  
to Log in and log  
your learning

- 1 What did you learn?
- 2 How do you intend to apply this in your practice?
- 3 Do you have any further action for your next CPD cycle?

**REGISTER TODAY**  
to log your learning online



onlineevents

# Watch again



**Watch this event again in Onlineevents Online Library**

**Log In**

**Register**

# Onlinevents



John and Sandra (Saz) are a brother and sister team. Onlinevents is an online platform to learn and grow. We have a vision of making learning accessible to everyone without distinction of cost and time



# Connect with **Onlineevents**

Click the images below

**John**



/ Onlineevents



/ Onlineevents

**Sandra**



/ Onlineevents\_saz



/ sandraonlineevents

[www.onlineevents.co.uk](http://www.onlineevents.co.uk)

*Pinterest*



Find us on

**Facebook**

Click [HERE](#) to join our FB group

**LinkedIn**™

Onlineevents Company page

*Instagram*