



The Internet & Me

Online Therapeutic Relationships – The Research to Date – Chris O'Mahony



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Learning Together Online

RESOURCE GUIDE

About Chris O'Mahony

Online Counsellor, Online Supervisor, and Assistant Psychologist

Chris has worked online with people experiencing emotional distress since 2008. After training in online counselling, Chris specialised in working online with international clients – expats, Third Culture Kids, and people experiencing culture shock. She currently works on digital service development projects with South London and Maudsley NHS Foundation Trust.



Chris O'Mahony

Resources

**Online therapeutic relationships: the research to date,
by Chris O'Mahony Reference list, 11 Jan 2016**

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www.bacp.co.uk

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Suzie Mosson - Keeping my head above the cyber-parapet

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Monday 16th May

Maria O'Brian - working as an online supervisor

Monday 13th June

Anne Stokes - developing a competency curriculum for Distance Therapy

Monday 11th July

Gill Jones - online retirement and changing pace in a digital world



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