

The Elephant in the Room

– Marion Umney

About Marion

I am a UCKP registered psychotherapist with a private practice in Herstmonceux, East Sussex

I have been doing this very rewarding work for over 12 years and have seen many people make life enriching changes.

I can offer help with a wide range of issues including anxiety, panic attacks, depression, relationship difficulties, poor self esteem, bereavement, eating disorders, self-harming behaviour and trauma including sexual and physical abuse.

My main way of working is based on the Transactional Analysis model. I also have a diploma in CBT and I have trained in NLP and EMDR. All of these are tools which I use where I feel they may be helpful for a particular client or for a particular problem a client is experiencing. For more information about any of these tools please click the appropriate button.

I have a special interest in body image difficulties, including eating disorders and obesity. For more information please click the Eating Disorders button.

I work with individuals couples and with groups on a face-to-face basis for short, medium or long term therapy. I am happy to see adults of any age and young people over the age of 14.



www.marionumney.co.uk

Supervision

Supervision is essential to psychotherapy and counselling as it provides a safe and confidential relationship for counsellors and psychotherapists to explore any difficulties and concerns they may have about their work. It also offers a forum for professional development and support for ethical practice.

I am an endorsed supervisor and trainer with a diploma in Integrative Supervision of Individuals and Groups

I offer supervision for qualified and trainee counsellors and humanistic psychotherapists.

I also offer supervision to members of the caring professions who work with vulnerable people or who, for any reason, feel they would like some support in their work role.

Supervision is offered on an individual and a group basis.

Contact Marion

Onlinevents & UKATA

www.onlinevents.co.uk/events

www.uktransactionalanalysis.co.uk



[@Onlinevents_saz](https://twitter.com/Onlinevents_saz)

[@Onlinevents](https://twitter.com/Onlinevents)

[@UKAforTA](https://twitter.com/UKAforTA)



www.facebook.com/onlinevents

www.facebook.com/UKTransactionalAnalysis

For more group discussion join our FB GROUP - [CLICK HERE](#)

Watch Again



www.onlineevents.co.uk

Join today for 30 days **FREE**

Join Today

You can watch this event in our
Online Library

Student Membership <i>Students</i>	Monthly Membership	Annual Membership <i>Best Value</i>
£Free while training	£4.99 per month	£49.99 per year
Register for events	Register for events	Register for events
View events live	View events live	View events live
View archived events	View archived events	View archived events
✘	CPD Certificates	CPD Certificates
✘	Event Transcripts	Event Transcripts
✘	First Month Free	12 months for the price of 10
JOIN	JOIN	JOIN