

SomeBody in TA

Trevor Timms



About Trevor

Interesting me at the moment is the concept of Protocol being evoked in the therapeutic relationship (Cornell); the expression of physiological discomforts, escalations or minimizations of affect, as a means of self-regulation (Erskine); Gratitude, a theory put forward by Melanie Klein; Functional Fluency from Suzanne Temple.

Thirty five years an Advanced Remedial Masseuse and Manipulative Therapist. TA 101 in 1996, CTA 2006. Now aged 61. Chair, Scottish Transactional Analysis Association.

Mission Statement

The STAA seeks to promote transactional analysis (TA) across Scotland through:

developing the TA community in Scotland

advancing TA education and research

building a strong evidence base for the effectiveness of TA

developing dialogue and collaboration with other modalities and stakeholders around common concerns in all fields of TA application in Scotland - counselling, psychotherapy, educational and organisational TA.

CONTACT

www.scottishta.org.uk

 [@STAAScotland](https://twitter.com/STAAScotland)



The Studio on the Green

19 The Green, Selkirk, Scottish Borders, TD7 5AA

Telephone: 01750 21997

info@thestudioonthegreen.com

www.thestudioonthegreen.com

The Studio On The Green is a custom-built dance studio with sprung hard wood floor and natural light. We have changing facilities but no showers. We are a non profit making charitable company limited by guarantee which was founded in 1989 by Jenna Agate and Trevor Timms. After major fundraising, which facilitated the complete renovation of a run-down woollen mill in the Scottish Borders town of Selkirk, The Studio opened its doors for the first term of classes in the autumn of 1990.

Jenna and Trevor's aim was to provide a professional quality dance studio where all members of the community, of all ages and abilities, could participate in classes and courses in dance, yoga, T'ai Chi, bodywork and physical therapies for their health, creativity and well-being.

The Studio was granted charitable status in recognition of the artistic, creative, educational and therapeutic nature of its work with all members of society regardless of age, race, sex or ability.

UK Transactional Analysis Conference. Edinburgh 2015

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