

Domestic Violence in Pregnancy and Post Partum: A Review of the Evidence and How Professionals Can Support Vulnerable Women

Clare Slaney
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About Clare

I'm based in West London where I also work as a volunteer counsellor, assessor, group facilitator and supervisor. I have the Post Graduate Diploma and MA in Psychotherapy and Counselling, Post Graduate certificates in both Coaching and Supervision and over 20 years experience of working with individuals and groups.

I'm an Accredited member of the British Association for Counselling and Psychotherapy, work with their ethical guidelines and am listed on their website.

The Person Centred approach believes that you're capable of discovering your own solutions to your own problems. You are the expert in your own life. There are no diagnoses or labels and conversely there is no prescription. Instead, via the relationship between client and counsellor, the client discovers personal resources, develops their own power, and becomes more able to grow.

Working with the balance between being solitary and in community, rights and responsibilities, paradox, resolution, submission and action, are central to my practice. Authenticity is the bedrock of my work which means that I will take you seriously and respond to you carefully, respectfully and truthfully, all of which sounds daunting and sombre, which counselling sometimes can be. It can also be joyful, enlightening, exciting and even enjoyable.

Clare's Therapy Services Include

- Short Term Counselling
- Long Term Counselling
- Group work
- Supervision
- Skype/Online Counselling
- Couples Counselling
- Coaching
- Student counselling
- EFT and Hypnotherapy

How many women experience domestic violence?

- Official figures 1 in 4
- Recent YouGov research suggests 1 in 3
- One in six pregnant women will experience domestic violence.
- 30% of domestic violence starts or worsens during pregnancy.
- Domestic violence is a factor in a significant proportion of maternal and perinatal mortality and morbidity.
- Compare to incidence of conditions routinely investigated during pregnancy.

For a discussion of the statistics please visit [CLICK HERE TO OPEN THE LINK](http://www.womensaid.org.uk/domestic_violence_topic.asp?section=0001000100220036§ionTitle=statistics)

http://www.womensaid.org.uk/domestic_violence_topic.asp?section=0001000100220036§ionTitle=statistics

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Helpful Websites

(Click on the links below)

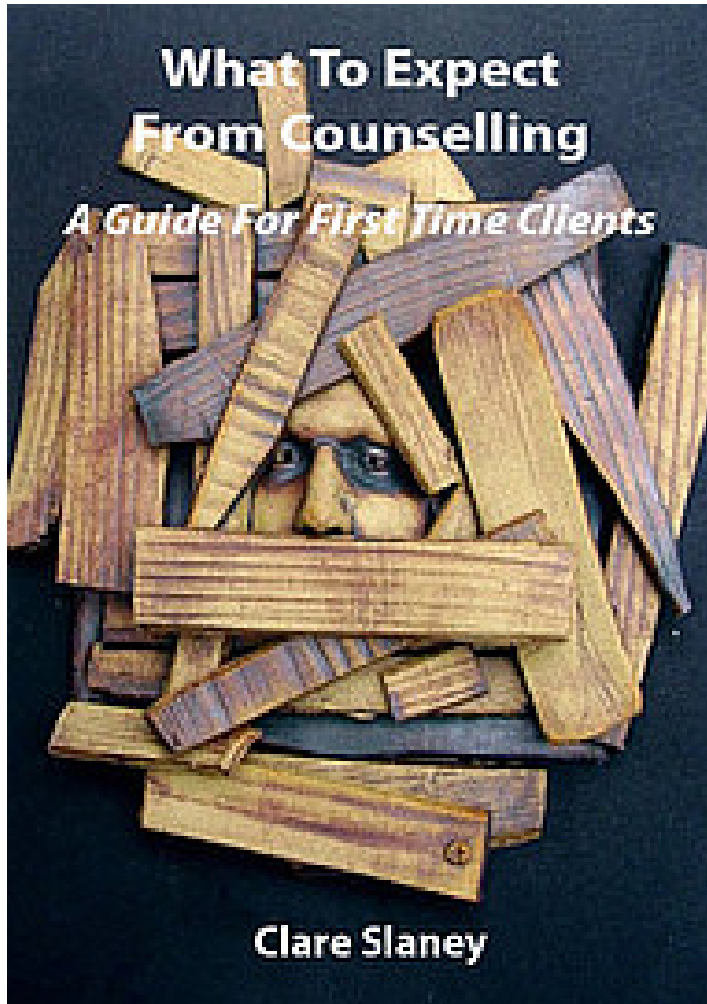
www.womensaid.org.uk

www.samaritans.org

www.rapecrisis.org.uk

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